



Oxford Parent-Infant Project Newsletter

July 2024

Welcome from Helen, Joint CEO, Clinical Director

Dear Friends,

I do hope that you are able to enjoy some of the beautiful weather that we have been having. This last year, **our 25th anniversary year**, has again been very successful, busy and our referrals continue to rise. We had the very successful 25th celebration dinner and auction and the launch of our Impact Report, which clearly evidences the success of our work. **This year of 25th celebrations is now closing** but I know that we will be here for many more. **Thank you to all who have supported us in so many different ways to celebrate our anniversary!**

With Dr Karen Bateson joining OXPIP at the start of this year as Joint CEO, Executive Director and things going so well, **I have made the decision to retire at the end of October**. Whilst I really enjoy working with OXPIP, I now have 5 wonderful grandchildren, all under 6 years old, so I really want to make more time to support and play with them, as well as having more time for myself. I have been with OXPIP since it's inception, the idea originally being Sue Gerhardt's, and together we started the first clinical work on the Leys.

On my departure, Karen will become sole CEO and we are now **recruiting for a new Clinical Director**. I am able to leave confident in OXPIP's future. I want to **thank all our staff who make the OXPIP work possible, our families, the support and work of our Trustees, our funders, and of course you, our supporters, without whom this work would not be possible.**

Thank you to all!

Helen Callaghan
Joint CEO, Clinical Director



"OXPIP has really helped my relationship with my child, but also the relationship with myself as a mother and with my partner as parents. It helped me feel like a better mother by being able to reflect on my own feelings."

In this newsletter:

- Could you be our new Clinical Director?
- Katie's Serpentine Swim for OXPIP
- Apply now for our Diploma in Parent-Infant Therapy
- IT Tender Opportunity

Welcome from Karen, Joint CEO, Executive Director,

Dear Friends,

I've thoroughly enjoyed my first six months as Joint CEO, Executive Director.

The role is varied and stimulating, and I still get to draw upon my clinical experience in a variety of ways even though I don't see families here. The OXPIP team are very impressive; we are very lucky to have such kind and talented therapists.



What has struck me most is the range of work we do at OXPIP.

We see families from such a wide range of experiences and circumstances, and everyone receives the same diligent and compassionate care. I'm very proud to be working here and am looking forward to taking the reins once Helen retires.

We will of course be having a **celebration of Helen's incredible achievements** over the decades, so **if you want to add your good wishes, please do drop me a line** via our info@oxpip.org.uk inbox.

In July, we had a beautiful evening for the **Opera (see page 4)** and our guests surpassed themselves with their sumptuous picnics. It's an event quite unlike any other, so if you enjoy good food in beautiful surroundings and excellent quality opera, do join us next year.

On behalf of myself and the OXPIP team, we hope you're having a lovely summer.



Dr Karen Bateson
Joint CEO, Executive Director

We're recruiting!



Apply now - deadline: 5th September

Could you be our new Clinical Director?

We are looking for a highly experienced parent-infant psychotherapist or practitioner psychologist to become our next Clinical Director. With specific responsibility for: safeguarding, the recruitment, management and leadership of clinical staff; the delivery and development of high-quality parent-infant clinical services; the co-development and implementation of strategic plans; the promotion of OXPIP services within Oxfordshire and nationally.

[Find out more >>](#)

Katie's Serpentine Swim for OXPIP



Katie's Serpentine Swim September 2024 [donate now](#)

On Saturday 14th September 2024, OXPIP's own Katie will be **swimming half a mile of London's Serpentine to raise vital funds for the Oxford Parent-Infant Project**. The Swim Serpentine is a swimming event that takes place in the world-famous Serpentine Lake in London's Hyde Park.

Katie commented, "I feel privileged to work for OXPIP with parents and babies. OXPIP tackles some of society's most challenging issues by helping parents and their babies to form strong and loving relationships. I see firsthand in the community the need and value for therapeutic support during pregnancy and beyond to help babies and parents flourish and break intergenerational trauma. I am particularly interested in developing services for expectant parents and unborn babies so support and intervention can be in place as soon as possible.

Swimming and messing about in water, whether in the sea or lakes is something I have always loved since a child. I want to do my small part in raising money for OXPIP. Whilst I'm not a fast swimmer, I'm hoping my enthusiasm and the atmosphere will help encourage me to complete the half mile. As I swim, I will be imagining all those unborn babies in the womb and their expectant parents and babies and parents who are in need of support. Please donate generously!"

Your donation to Katie's challenge, no matter how big or small, is greatly appreciated.

Thank you for your support!

[Donate Now >>](#)

Oxford Parent-Infant Project and New Chamber Opera present: Haydn's 'La Vera Costanza'



Thank you to those of you who joined us for our Summer Opera on the 2nd July.

Once again we had a great turn out for the Summer Opera at New College, Oxford. It was wonderful to see some of our regular supporters, along with some new ones. Thankfully the weather was good enough for us to enjoy the opera in the walled garden, with guests commenting that it was the best opera ever!

Congratulations to New Chamber Opera for another spectacular performance and continued support of OXPIP.



Clinical Work Update

We have **increased our clinical team** this year and we continue to see families from across Oxfordshire at different venues across the county. We are very pleased to now see families at the **Cholsey Community Centre** in South Oxfordshire, part of our Reaching Communities plan, and to have a new base at the **Valerian Court Care Home, Didcot**. We are also pleased to have a new base in **Britannia House, Banbury**. There is a **new Saplings post-natal baby group** in Banbury being co-run with ourselves and The Sunshine Centre.

Our waiting list in some areas has increased and **we will not be accepting any referrals in August**. Please see our website for details of **alternative services** to contact during this period if required.

Parent feedback is always important - we read all the evaluations but if there are suggestions that you have either from your experience with us or new ideas then please do contact us.

Fundraising Update

Our first ever **Virtual Row** event raised a whopping £525 thanks to our Administrator Sam **crocheting the length of an Oxford Boat Race** and our Operations Manager Lizi and two-year-old Erin **singing 38 different verses of Row, Row, Row Your Boat**. Yes, there really are that many! We're also extremely grateful to Ed and Daisy O'Keefe for running the **Leeds Half Marathon** to raise an incredible £900 for us in May. Every little really does help.

We've been busy submitting lots of applications to charitable trusts and foundations. We were delighted to receive some additional funding from the **National Lottery**, and have everything crossed for our application to the **Henry Smith Foundation** now that we are through to the second round.



Please support us
with a nomination
for £1,000!



If you have a few seconds to spare, please do nominate us for the Benefact Group £1000 draw. It costs nothing to nominate us and we could win £1000.

[Nominate now >>](#)



Diploma in Psychodynamic Parent-Infant Therapy



**Apply now for our Diploma in Psychodynamic Parent-Infant Therapy
Deadline of 30th August fast approaching!**

We offer an 18-month post qualification training in parent-infant psychotherapy. It draws on psychoanalytic and psychodynamic theory, attachment, theories of inter-subjectivity and neuroscience and will support the trainee to develop their skills in engaging and working with parents and infants presented with a wide range of issues. The course will also develop reflective practice and the capacity for working with other professionals and thinking about the network around the family.

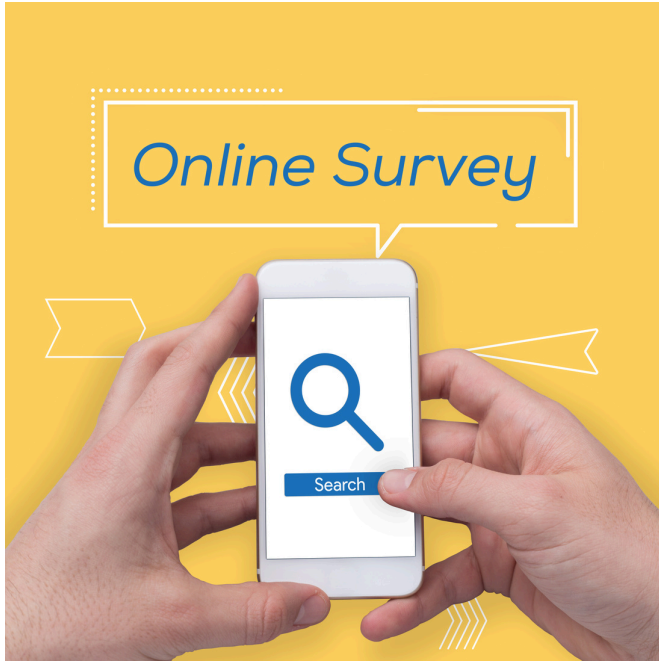
Interviews: 20th & 27th September 2024

Course Begins: March 2025

£10,500 plus application fee (£50) and interview fee (£75)

[Find out more and apply now >>](#)

Parent-Infant Relationship Training Survey 2024



If you are a practitioner working directly with families, please complete our Parent-Infant Relationship Training survey, to help us understand future training needs.

We are offering everyone who does so to receive **50% off our interactive webinar** (details below). Once you have submitted your responses, you will receive your discount code.

Thank you for your input!

[Complete the survey >>](#)

Online Interactive Webinar



**OXPIP ONLINE INTERACTIVE WEBINAR:
KATIE BAILEY, SENIOR PARENT-INFANT THERAPIST**

'Building Relationships in the Antenatal Period - a collaborative model of care for the vulnerable, expectant parent and unborn baby, to promote the parent-infant relationship'

Tuesday 3rd December 2024, 12-2.30pm, via Zoom

[Find out more >>](#)

IT Tender - could your company provide our IT Support?



We are inviting IT support services to tender.

We are a small charity that builds good partnership with our suppliers, based on a good understanding of our needs and value for money.

The tender is open for submissions by 12th August.

The tender document, along with our FAQs, can be requested by emailing info@oxpip.org.uk.

We'd like to hear from you!

We are keen to know what you, our supporters, **are interested to read about** in our Newsletters, and especially **what you have enjoyed reading.**

If you have **any suggestions for new topics** you would like to see us include, please email info@oxpip.org.uk.

We look forward to hearing from you!



About Us

The **Oxford Parent-Infant Project (OXPIP)** works with **families from conception to two years** with **issues that may impact on their relationship** with their baby. We offer **intensive therapeutic support** to parents and infants in and around Oxfordshire. This **parent-infant psychotherapy**, a form of early intervention, considers the emotional health of the infant as well as that of the parent.

We work with parents and infants together to **boost parental confidence** and help the parents **understand the needs of the baby**. We also offer **training and consultancy to professionals** on attachment theory and infant mental health, and work with others locally and nationally to **promote the importance of very early intervention within policy and practice**. Our Parent-Infant Therapy is offered **free of charge**, so we **welcome any donations to help us continue our work**.



Oxford Parent-Infant Project
oxpip.org.uk
@oxpip

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