



Oxford Parent-Infant Project Newsletter

January 2025

Welcome from Dr Karen Bateson, CEO

The beginning of 2025 marks my first anniversary working for OXPIP and a time for me to celebrate, reflect and plan. As we start the new year, I am full of gratitude for a team of clinicians and admin staff who work their socks off to deliver excellent clinical services and training. In 2024, we saw over 320 Oxfordshire families for therapy. Over 90% of families completed their therapy with us – an amazing engagement rate which speaks to the skill and compassion of our therapists. And our clinical outcomes for families continue to be exceptional in terms of both improved parental mental health and improved parent-infant relationships.

Looking forwards over the next few months, in January we welcome Gisele Mendonca as our new Head of Clinical Services. In March, we welcome new cohorts of Parent-Infant Psychotherapy Diploma trainees and Advanced Parent-Infant Practitioner trainees. Also in March, we wish our Operations Manager Lizi all our best as she goes off on maternity leave.

A piece of work I've been delighted to play an active role in recently is the development of the forthcoming Oxfordshire County Council's Early Years Strategy. Thanks to good partnership relationships between the council and voluntary sector, the strategy will now focus on the health and happiness of all children, acknowledging parent-infant relationships as a strategic priority thanks to their importance for all aspects of child development and lifelong outcomes.

Whichever way you support us – as a direct debit giver, a sponsored runner, a trustee, a social media sharer or any other way – we are indebted to you, because we couldn't do this important work without you.

With warmest wishes

Dr Karen Bateson

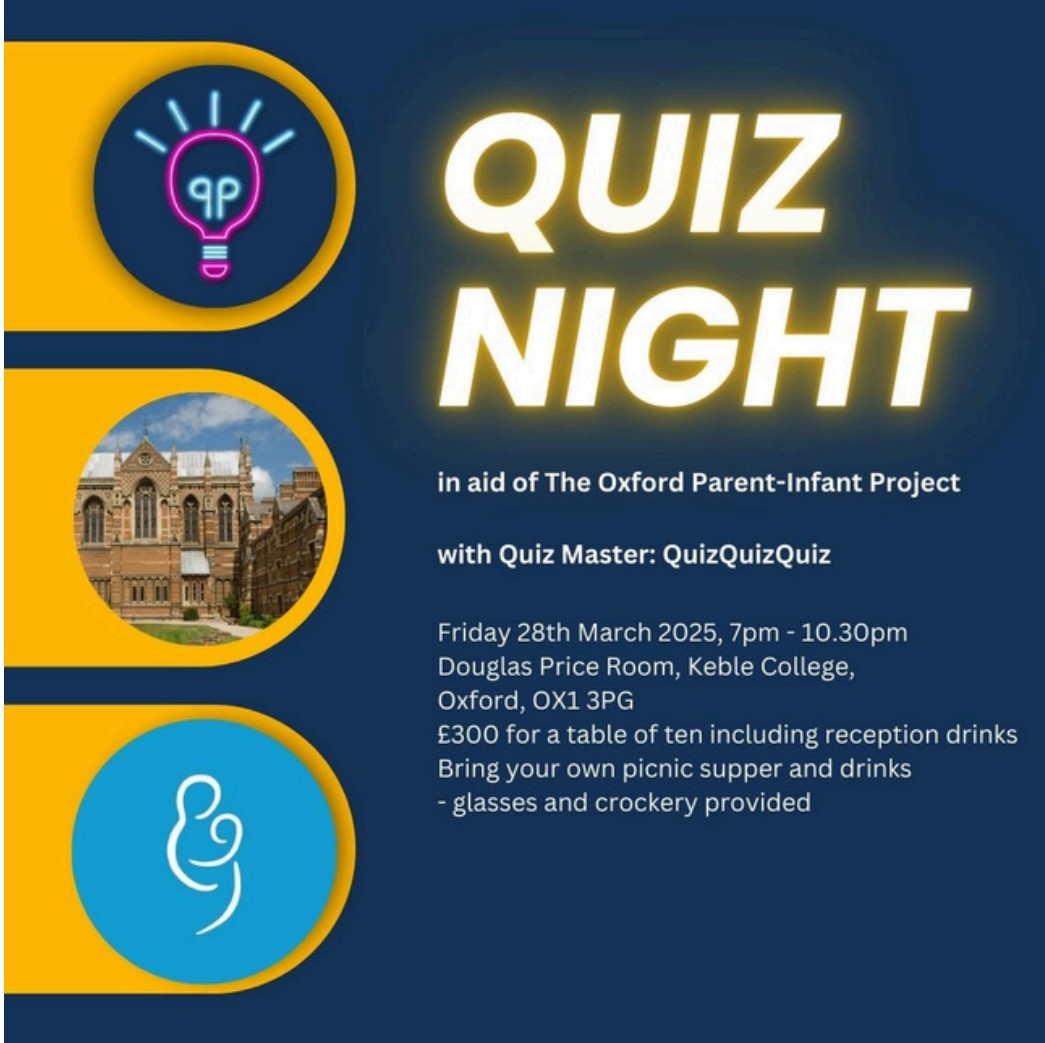


"My sessions with OXPIP were really helpful to work through how my childhood and background affected how I emotionally connect with my son, and how I can start to feel confident in my identity as a father."

- OXPIP Client

In this newsletter:

- Join us once again for our Quiz Night!
- Please consider a regular donation to OXPIP as your New Years Resolution
- Free Assessing Parent-Infant Relationships Training for those working in Early Years in Oxfordshire for a non-profit organisation/group!



QUIZ NIGHT

in aid of The Oxford Parent-Infant Project

with Quiz Master: QuizQuizQuiz

Friday 28th March 2025, 7pm - 10.30pm
Douglas Price Room, Keble College,
Oxford, OX1 3PG
£300 for a table of ten including reception drinks
Bring your own picnic supper and drinks
- glasses and crockery provided

Join us once again for OXPIP's Quiz Night!

Hosted in the incredible grounds of Keble College, with an experienced Quiz Master from 'QuizQuizQuiz', this promises to be an enjoyable evening for all, to raise funds for OXPIP. Tickets are sold at £300 for a table of ten including reception drinks.

Bring your own picnic supper and drinks - glasses and crockery provided.
Please note: this event is for over 16s only.

Our previous quiz was a great evening of fun with friends, food and great quizzing - we look forward to sharing much the same with you this time!

[Book now >>](#)

Regular Giving to OXPIP

Could your new year's resolution be a regular direct debit to a local charity you care about?



Your monthly gift could make a life-changing difference for Oxfordshire families.

OXPIP relies on regular charitable donations from individual and community donors, alongside funding from trusts and grants. These regular donations give us security and enable us to plan for the future, to continue to provide our specialist parent-infant therapy for parents and babies in Oxfordshire.

"I am in no doubt that I have benefitted hugely from your support, which will only have an ongoing positive impact on the emotional needs of my children. My husband and I work so hard yet have very little disposable income. We would never have been able to access the therapy had OXPIP not found me. Thank you from the bottom of my heart"
- OXPIP Client

We are very grateful for any regular donation (no matter how small) that you are able to make. Thank you for your support.

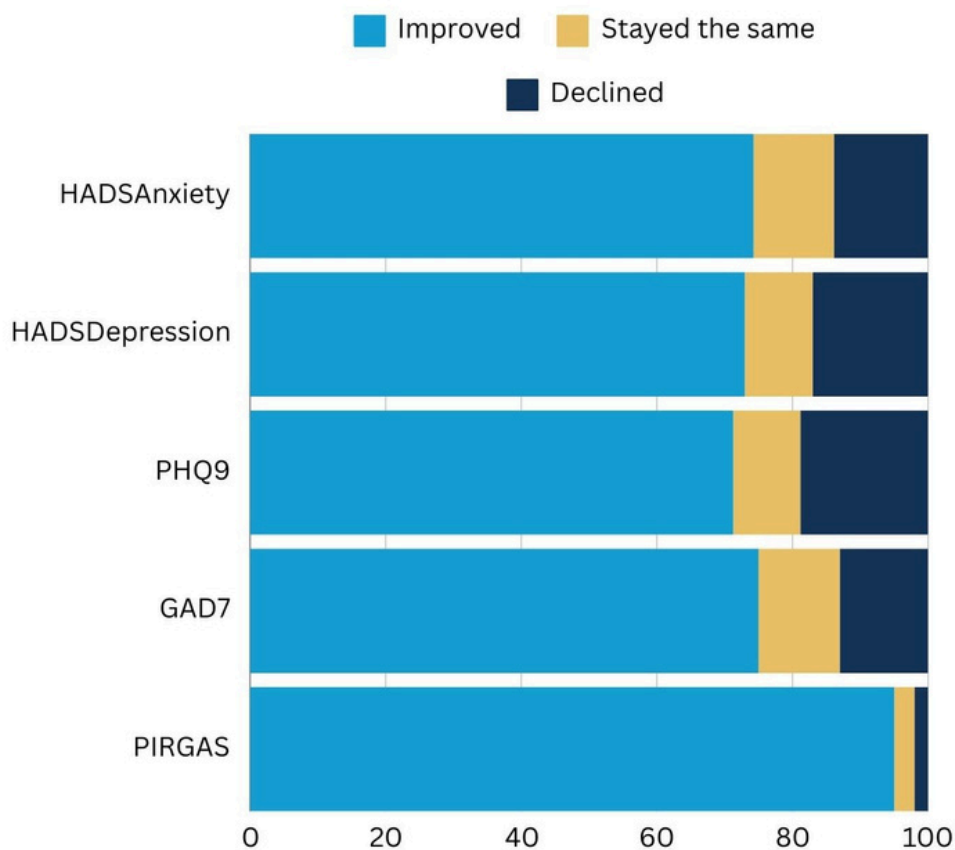
[Set up a direct debit now >>](#)

Clinical Work Update

In September 2024, we made the exciting move from The Ace Centre to The Branch which is the new bespoke home of the Under 5s network in the centre of Chipping Norton. We are very grateful to The Ace Centre for providing us with a space to see families in recent years. However, the move to The Branch enables us to provide families with a welcoming and accessible space in a central location. It also allows us as an organisation to increase our visibility with statutory and other voluntary services.

"It's hard to put into words how much these sessions have helped. After a traumatic birth, and feeling completely unlike myself, resenting my baby and imagining that he didn't really need me, I've gone onto building the most beautiful relationship with him. Now, whilst it's hard, I know I am confident and able to cope and trust my instincts when things get tough. Thank you for providing this valuable, calm, kind and knowledgeable space to work through the trauma and become the mother I thought I could be- I'm so glad I asked for help before it got any worse."

Below is an infographic showing the positive impact of our therapeutic services, through validated and internationally recommended clinical outcome measures, for the clients seen from 2023-2024: PIRGAS is a measure of parent-infant relationship quality.



Fundraising Update

We are very grateful to the Henry Smith Foundation for their 3-year grant and to Well Together in Abingdon for £15k towards our service in the Carousel Centre. We are also very grateful to receive additional funds recently from National Lottery, Co-operative Bank and our cherished regular donors.

In early January we hope to have good news regarding a bid to replace our laptops and refresh the website, and at the end of January we have our fingers crossed for good news from another multi-year funder.

Throughout 2025, we will be registering OXPIP with legal firms around the county so that anyone who would like to leave us a legacy in their will can do so easily. **If you have contacts in a local firm, please do let us know how best to get in touch.** And you will see in this newsletter that we are encouraging supporters to sign up to give by regular direct debit – no matter how big or small – because predictable funding really helps us plan ahead. Thank you!

We need your staff nominations!

Do you work for any of the following companies?

- Yorkshire Building Society (YBS)
- Cherwell Valley Services
- Nisa local
- ASDA

or know someone who does or are a customer of YBS? If so, please email info@oxpip.org.uk to let us know as you could help us with some funding. Thank you!



Training Update

We are excited to begin both our **Diploma in Psychodynamic Parent-Infant Therapy** and **Advanced Parent-Infant Practitioner Training** in March with our new cohort of trainees from around the world. We are also hoping to be able to offer more of our short courses and new trainings online this year - please keep an eye on our website for more details.

Free Assessing Parent-Infant Relationships Training for those working in Early Years in Oxfordshire for a non-profit organisation/group!



OCVA is kindly offering those working in Early Years in Oxfordshire for a non-profit organisation/group the exciting opportunity to take part in our Assessing Parent-Infant Relationships Training for FREE.

This two-day online training will run on Friday 14 and Friday 28 March 9.30am - 3pm both days via Zoom. This training is usually charged at £480 per person, however, it will be free of charge to those working in Early Years in Oxfordshire for a non-profit organisation/group. All we ask is that, in signing up, you are fully committed to attending on both days.

This two-day training looks at a baby's early development and how it is impacted by their parents' attachment histories and the parent-baby relationships. A particular focus will be on how a baby's brain development is 'experience dependent' and thus moulded by the people with whom they live. Video clips will be central to the training and will help participants to become better observers and to increase their understanding of the impact of parental mental health difficulties, and their risky, neglectful, or abusive behaviour on the developing child.

[Book now >>](#)

Upcoming Professional Training Dates 2025



Parent-Infant Group Work: Module One

Friday 25th April via Zoom, £325, 1 day - *limited places available!*

Focus on the core principles of facilitating parent-baby groups and how to apply them in groups conducted online or face-to-face.

Assessing Parent-Infant Relationships

Friday 9th and 16th May, via Zoom, £542, 2 days

Looking at a baby's early development and how it is impacted by their parents' attachment histories and the parent-baby relationships.

Watch, Wait and Wonder

Friday 13th June via Zoom, £271, 1 day

Explore the theory and understand how to help facilitate parents' capacity to observe, recognise and understand their child's play.

Ghosts in the Nursery

Friday 4th July 2025 via Zoom, £271, 1 day

Understand the impact of a parent's unresolved issues from their past on the parent-infant relationship.

[Book now >>](#)

We'd like to hear from you!

We are keen to know what you, our supporters, **are interested to read about** in our Newsletters, and especially **what you have enjoyed reading.**

If you have **any suggestions for new topics** you would like to see us include, please email info@oxpip.org.uk.

We look forward to hearing from you!



About Us

The **Oxford Parent-Infant Project (OXPIP)** works with **families from conception to two years** with **issues that may impact on their relationship** with their baby. We offer **intensive therapeutic support** to parents and infants in and around Oxfordshire. This **parent-infant psychotherapy**, a form of early intervention, considers the emotional health of the infant as well as that of the parent.

We work with parents and infants together to **boost parental confidence** and help the parents **understand the needs of the baby**. We also offer **training and consultancy to professionals** on attachment theory and infant mental health, and work with others locally and nationally to **promote the importance of very early intervention within policy and practice**. Our Parent-Infant Therapy is offered **free of charge**, so we **welcome any donations to help us continue our work**.



Oxford Parent-Infant Project
oxpip.org.uk
@oxpip

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Registered Company 5410167