

# **OXPIP - The Oxford Parent Infant Project**

## **Description of Role**

### **Introduction**

The Oxford Parent - Infant Project is a charity specialising in parent/infant therapy offering therapy to parents and their babies up to the age of 2. Therapists are drawn from a variety of clinical backgrounds and have specialist knowledge and understanding of infant mental health and attachment theory. The aim of therapy is to enhance the relationship between the parent and baby where both are experiencing difficulties, in order to facilitate a secure attachment of the baby to the parent. This may include work with one or two parents and their babies.

The work requires flexibility, pragmatism and creativity. While being based in psychodynamic principles our work can also include other forms of intervention when necessary. Treatment may be short or longer term but the average number of sessions per client is sixteen. We also offer Baby Massage and other therapeutic groups to families with their babies.

In addition to the Clinical Work, OXPIP also provides consultation, workshops and training to a wide range of professionals on the importance of early attachment and infant mental health. We have several satellite offices that are placed in Children Centre's and GP Practices to provide easy and accessible services to the families that we serve. OXPIP also receives statutory funding and we provide services to highly vulnerable and at risk families.

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<b>Role Title:</b>	Psychotherapist/Counsellor
<b>Location:</b>	Oxford or one of OXPIP's other sites within Oxfordshire
<b>Responsible to:</b>	Executive Director
<b>Liaison with:</b>	<p><b>Within OXPIP:</b></p> <ul style="list-style-type: none"> <li>• Executive Director</li> <li>• OXPIP Clinical Team</li> </ul> <p><b>Outside OXPIP:</b></p> <ul style="list-style-type: none"> <li>• Referring Agencies (GP's, Health Visitors, Social Workers, Children Centre's Workers)</li> <li>• Relevant Statutory Organisations</li> <li>• Relevant Voluntary Organisations</li> </ul>
<b>Main Purpose of the Role:</b>	<ul style="list-style-type: none"> <li>• Providing parent/infant therapy to parents and babies under two years of age</li> <li>• Provide consultation and training to health professionals regarding bonding and attachment issues.</li> </ul>
<b>Main Activities:</b>	<ul style="list-style-type: none"> <li>• Weekly therapy sessions</li> <li>• Maintaining clinical records</li> <li>• Liaison and consultation with professional colleagues both within and outside of OXPIP</li> <li>• Ensuring safeguarding of children</li> <li>• Promoting the awareness of parent infant mental health and OXPIP</li> <li>• Providing consultation and training to professional groups as needed</li> <li>• Participating in regular supervision</li> <li>• Attending clinical meetings and other OXPIP meetings as required.</li> </ul>

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<b>Role Title:</b>	Psychotherapist/Counsellor
<b>Education, Experience and Other Abilities:</b>	<p>Psychotherapist/Counsellor who is registered with UKCP, BCP or BACP or who has a qualification in a related core profession.</p> <p>Minimum of five years relevant therapeutic experience post qualification.</p> <p>Knowledge and understanding of infant mental health and attachment theory.</p> <p>Completion of baby observation course</p> <p>Experience of own personal therapy.</p> <p>Experience of working with parents and children together in session.</p> <p>Ability to facilitate a therapy or therapeutic group for parents and babies.</p>
<b>Conditions of Engagement:</b>	<p>OXPIP utilises both self-employed/contractual and employed therapists to meet the needs of our clients and the Organisation.</p> <p>Employed therapists are offered a salary range of £32,000.00 - £35,000.00 per annum on a pro rata basis. We offer a competitive benefits package including sick leave, 23 holidays per year + statutory holidays, pension and childcare voucher scheme.</p> <p>We offer our consultant therapists £31.00 per session + £5.00 for paperwork and activities associated with the client. Consultants are also able to claim reimbursement for clinical team meetings and some mileage. We also provide administrative and clinical support to our consultants regarding their client work. Consultants are required to make their own arrangements to pay tax and National Insurance on any payment given by OXPIP.</p>

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## Person Specification

### Role of Psychotherapist / Counsellor

Requirements	Essential / Desirable	Method of Assessments
<b>Qualifications</b>		
Relevant Professional Qualification	Essential	Application
Psychotherapeutic or Counselling Qualification	Essential	Application
Membership of professional body	Essential	Application
<b>Experience</b>		
Minimum of five years relevant therapeutic experience post qualification.	Essential	Application/Interview
Clinical work in parent-infant mental health field	Desirable	Application/Interview
Understanding of infant mental health, attachment, and child development	Essential	Application/Interview
Infant Observation	Essential	Application/Interview
Experience of working with families	Desirable	Application/Interview
Knowledge and understanding of safeguarding children.	Essential	Application/Interview
<b>Skills</b>		
Psychodynamic Therapy/Counselling	Essential	Application/ Interview
Consultation and Training for health professionals	Desirable	Application/ Interview
Ability to facilitate a therapy or therapeutic group for parents and babies.	Desirable	Application/Interview
Able and willing to use a computer. ie Microsoft Office applications (word/excel) and email	Essential	Application

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Requirements	Essential / Desirable	Method of Assessments
<b>Other</b>		
Provide own transportation to satellite offices around Oxfordshire and to off-site meetings when necessary.	Essential	Application
Able to work as part of a team.	Essential	Application/Interview
Able to work flexibly and creatively.	Desirable	Application/Interview